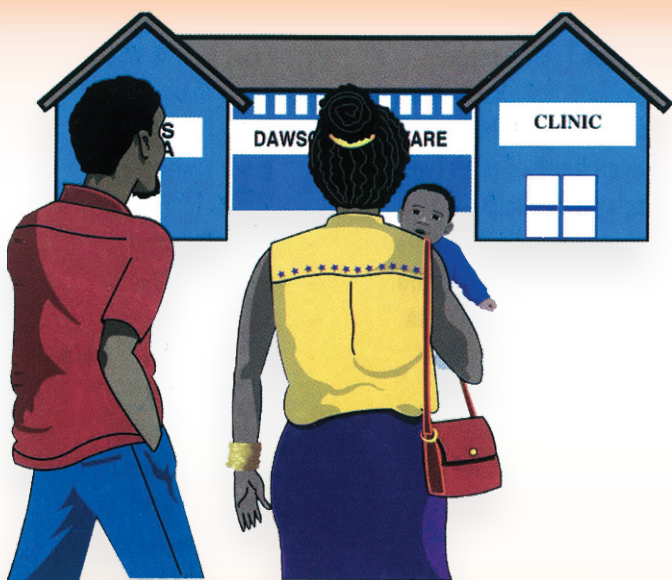


ISLANDWIDE MENTAL HEALTH

CLINIC SCHEDULES



There is No Good Health Without
GOOD MENTAL HEALTH

SOUTH EAST REGIONAL HEALTH AUTHORITY

ST. THOMAS

- Isaac Barrant Community Hospital - 2nd & 4th Mondays
- Princess Margaret Hospital - Every Tuesday
- Bath Health Centre - 4th Wednesdays
- Seaforth Health Centre - 2nd Thursdays
- Cedar Valley Health Centre - 3rd Thursdays
- Yallahs Health Centre - 2nd, 3rd, 4th & 5th Mons. & 4th Thurs.
- Llandewey Health Centre - 2nd Fridays
- Infirmary - 3rd Wednesdays

Child Guidance Clinic

- Morant Bay Health Centre - Every Wednesday
- Yallahs Health Centre - Every Tuesday
- Isaac Barrant Community Hospital - 1st & 3rd Mondays

KINGSTON & ST. ANDREW

- Kingston Public Hospital - Every Wednesday
- Windward Road Health Centre - Every Wed, 3rd Tues, & 2nd Fri
- Edna Manley Health Centre - Every 1st, 3rd, & 5th Thursdays
- Slippen Comprehensive Health Centre - Every 1st, 2nd, 4th & 5th Tuesdays
- Hagley Park Health Centre - Every 2nd & 4th Thursdays
- Duhaney Park Health Centre - Every Thursday & 2nd Monday
- Maxfield Park Health Centre - Every Tuesday
- Gordon Town Health Centre - Every 2nd & 4th Tuesdays
- Stony Hill Health Centre - 4th Thursdays & 2nd Fridays
- Sunrise Health Centre - Every Wednesday
- Harbour View Health Centre - Every 2nd, 3rd, 4th & 5th Mondays
- Rollington Town Health Centre - Every 2nd & 4th Thursdays
- Red Hills Health Centre - 3rd Wednesdays
- Olympic Way Health Centre - 2nd Fridays & 3rd Mondays
- University Hospital
- Lawrence Tavern H/C - 3rd Tuesdays
- SeaView Gardens H/C - 4th Fridays
- Golden Spring Health Centre - 2nd Mondays
- Nannyville Health Centre - 1st Thursdays
- Oakglades Health Centre - 1st & 3rd Thursdays
- Tivoli Gardens Health Centre - 3rd Mondays

- Mavis Bank Health Centre** - 3rd Wednesdays
- Golden Age Home** - 3rd Tuesdays & 4th Fridays
- Faith Centre** - 3rd Thursdays
- Drop In Centre** - 3rd Thursdays

Child Guidance Clinic

- Comprehensive Health Care**- Mondays-Fridays
- Glen Vincent Health Centre**- Mondays-Fridays

ST. CATHERINE

- St. Jago Health Centre** - Every Tues, Wed & Thurs, 2nd & 3rd Mon
- Bog Walk Health Centre** - Every Tuesday
- Riversdale Health Centre** - 2nd Wednesdays
- Guys Hill Health Centre** - 3rd Wednesdays
- Old Harbour Health Centre** - 2nd & 4th Fridays
- Greater Portmore Health Centre**- 1st, 2nd, 3rd Mon, 1st, 2nd & 3rd Thurs
- Christian Pen Health Centre**- 4th Thursdays
- Sligoville Health Centre** - 1st Wednesdays
- Watermount Health Centre** - 4th Fridays
- Glengoffe Health Centre** - 4th Wednesdays
- St.Catherine Infirmary** - 3rd Wednesdays

Child Guidance Clinic

- Linstead Health Centre** - 1st Mondays
- St. Jago Park Health Centre**- Mondays-Fridays

SOUTHERN REGIONAL HEALTH AUTHORITY

ST. ELIZABETH

- Junction Health Centre** - 1st & 3rd Wednesdays
- Black River Health Centre** - Every Thursday
- Santa Cruz Health Centre** - 3rd & 4th Tuesdays
- New Market Health Centre** - 2nd Tuesdays
- Ginger Hill Health Centre** - 3rd Wednesdays
- Elderslie Health Centre** - 2nd Wednesdays
- Balaclava Health Centre** - 4th Mondays
- St. Elizabeth Infirmary** - 2nd Fridays
- Maggoty Health Centre** - 4th Fridays

Child Guidance Clinic

- Black River Health Centre** - 1st Mon. & 4th Thurs.

CLARENDON

May Pen Hospital	- Every Monday & 1 st Thurs
Chapleton Community Hospital	- 2 nd & 4 th Thursdays
Lionel Town Community Hospital	- 3 rd Wednesdays
Frankfield Health Centre	- 3 rd Thursdays
Spalding Health Centre	- Every Tuesday
Crofts Hill Health Centre	- 2 nd Wednesdays
Clarendon Infirmary	- 4 th Fridays

Child Guidance Clinic

May Pen Hospital	- 2 nd & 4 th Fri & 2 nd , 3 rd Thurs
Spalding Health Centre	- 1 st & 4 th Wednesdays

MANCHESTER

Mandeville Health Centre	- Every Wed, 1 st & 2 nd Thurs
Robins Hall Health Centre	- 4 th Fridays
Christiana Health Centre	- 2 nd Mondays
Mile Gully Health Centre	- 2 nd Tuesdays
Cross Keys Health Centre	- 2 nd Fridays
Craighead Health Centre	- 1 st Tuesdays
Porus Health Centre	- 3 rd Tuesdays
Newport Health Centre	- 1 st Thursdays
Bellefield Health Centre	- 4 th Thursdays
Downs Health Centre	- 3 rd Thursdays
Pratville Health Centre	- 1 st Tuesdays
Manchester Infirmary	- 3 rd Monday

Child Guidance Clinic

Mandeville Health Centre	- 2 nd & 4 th Tuesdays
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NORTH EAST REGIONAL HEALTH AUTHORITY

ST. ANN

St. Ann Infirmary	- 2 nd & 4 th Tuesdays
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There is no good health without good mental health

St. Ann's Bay Hospital	- Every Mon & Every Tues
Brown's Town Health Centre	- Every Thurs & 4 th Tues
Bamboo Health Centre	- 2 nd & 4 th Wednesdays
Ocho Rios Health Centre	- 1 st , 2 nd & 4 th Thursdays
Ocho Rios Drop-In-Centre	- 4 th Fridays
Watt Town Health Centre	- 2 nd Tuesdays
Alexandria Com. Hospital	- Every Mon, 2 nd , 3 rd & 4 th Wed
Claremont Health Centre	- 2 nd & 3 rd Wednesdays
Stepney Health Centre	- 1 st Thursdays
Clarksonville Health Centre	- 3 rd Thursdays
Moneague Health Centre	- 4 th Tues, 2 nd & 4 th Fridays
St. Ann's Bay Health Centre	- Every Tues & 2nd Fridays

Child Guidance Clinic

Alexandria Com. Hospital	- 2 nd & 4 th Wednesdays
Steer Town Health Centre	- Every Mon & Wed

ST. MARY

Retreat Health Centre	- 4 th Fridays
Gayle Health Centre	- 2 nd Thursdays
Oracabessa Health Centre	- 3 rd Mondays
Port Maria Community Hospital	- Every Tuesday
Highgate Health Centre	- 1 st & 4 th Thursdays
Islington Health Centre	- 4 th Wednesdays
St. Mary Infirmary	- 4 th Mondays
Annotto Bay Hospital	- Every Wednesday
Caron Hall Health Centre	- 2 nd Mondays

Child Guidance Clinic

Port Maria Hospital	- Every Wednesday
Annotto Bay Hospital	- Mondays & Tuesdays

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PORTLAND

Buff Bay Community Hospital	- 2 nd & 4 th Tuesdays
Port Antonio Hospital	- Every Monday
Portland Infirmary	- 4 th Thursdays
Mount Pleasant Health Centre	- 2 nd Thursdays
Fair Prospect Health Centre	- 1 st Wednesdays
Manchioneal Health Centre	- 1 st Tuesdays
Fruitful Vale Health Centre	- 3 rd Thursdays
Cascade Health Centre	- 1 st Thursdays

Child Guidance Clinic

Port Antonio Hospital	- Mondays & Thursdays
Buff Bay Community Hospital	- 2 nd & 4 th Wednesdays
Manchioneal Health Centre	- 1 st Wednesdays

WESTERN REGIONAL HEALTH AUTHORITY

TRELAWNY

Duncans Health Centre	- 1 st Tuesdays
Rio Bueno Health Centre	- 4 th Tuesdays
Warsop Health Centre	- 1 st Mondays
Clarks Town Health Centre	- 1 st Thursdays
Ulster Spring Health Centre	- 2 nd Fridays
Jackson Town Health Centre	- 4 th Mondays
Trelawny Infirmary	- 2 nd Wednesdays
Falmouth Hospital	- 2 nd , 3 rd & 4 th Thursdays
Wait-A-Bit Health Centre	- 4 th Fridays
Wakefield Health Centre	- 2 nd Tuesdays

Child Guidance Clinic

Falmouth Hospital	- 3 rd Mondays
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ST. JAMES

Granville Health Centre	- 2 nd Monday & 2 nd Tuesdays
Maroon Town Health Centre	- 3 rd Mondays
Adelphi Health Centre	- 2 nd Wednesdays & 4 th Mondays
Catadupa Health Centre	- 1 st Mondays
St. James Infirmary	- 2 nd Fridays
Cambridge Health Centre	- 1 st & 3 rd Thursdays
Cornwall Regional Hospital	- 1 st 2 nd & 4 th Fridays, 2 nd & 4 th Tuesdays, Every Wed.
Montego Bay Health Centre	- 4 th Tues & 4 th Mon, 1 st , 2 nd & 3 rd Weds
Glendevon Health Centre	- 2 nd Thursdays & 2 nd Fridays
Flankers Health Centre	- 4 th Wednesdays
Salt Spring Health Centre	- 1 st Tuesdays
Roehampton Health Centre	- 1 st Tuesdays

Child Guidance Clinic

Montego Bay Health Centre	- 1 st & 2 nd Mon, 1 st & 2 nd Tues
Cornwall Regional Hospital	- 2 nd , 4 th & 5 th Tuesday

WESTMORELAND

Negril Health Centre	- 2 nd Thursdays & 2 nd Tuesdays
Bethel Town Health Centre	- 1 st Mondays
Darleston Health Centre	- 1 st Thursday & 4 th Tuesdays
Savanna-la-Mar Hospital	- 1 st , 2 nd & 4 th Weds & 2 nd & 4 th Fri
Whitehouse Health Centre	- 2 nd Tuesdays
Grange Hill Health Centre	- 4 th Thursdays
Infirmary / W.A.S.P	- 2 nd Mondays
Petersfield Health Centre	- 3 rd Thursdays
Bluefields Health Centre	- 3 rd Mondays
George's Plain Health Centre	- 4 th Mondays
Little London Health Centre	- 3 rd Mondays
Lamb's River	- 2 nd Fridays

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WESTMORELAND cont'd

Child Guidance Clinic

Savanna-la-Mar Hospital - 3rd Wednesdays

HANOVER

Kingsvale Health Centre - 1st Mondays
Lucea Infirmary - 1st Wednesdays
Chester Castle Health Centre - 1st Thursdays
March Town Health Centre - 1st Thursdays
Sandy Bay Health Centre - 2nd Wednesdays
Green Island Health Centre - 2nd Thursdays
Lucea Health Centre - 2nd & 4th Fridays
Hopewell Health Centre - 3rd Mondays
Grange Health Centre - 3rd Tuesdays
Ramble Health Centre - 4th Wednesdays
Cascade Health Centre - 4th Thursdays

Child Guidance Clinic

Lucea Health Centre - 2nd Fridays

EMERGENCY Telephone Numbers

North East Region - 876-972-2272
Southern Region - 876-962-3370
Western Region - 876-952-5100-9
South East Region - 876-930-1152 or
876-928-1381-9

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