

## National Health Research Conference Testimonials

I started attending the National Health Research Conference in 2018 and have not missed this annual event since. Attending NHRC gives me an opportunity to socialize with people in my field, network with academic heroes, as well as gain new knowledge each year. I always look forward to being updated with current issues related to health.

The credits earned from NHRC has improved my curriculum vitae which contributes to my professional development. I have managed to significantly improve my teaching strategies in research and inspire my students to team up with me to do publications.

I am currently collaborating with fellow colleagues from my university and other institutions on research projects, many of whom I met through attendance at the NHRC.

*Tabitha Muchee PhD, Associate Professor of Nutrition and Dietetics*

---

My name is Kevhvan Graham BSc. MPhil (Pending) and the 2020 or 11<sup>th</sup> renewal of NHRC conference was my first year in attendance. This forum was impactful in developing our nation's research atmosphere which contributes to our social and scientific development.

A benefit from this event was allowing me to spread awareness nationally about the proper prescription and usage of antibiotics to treat infections. I haven't been invited to any research-related collaborations (yet) but, the conference inspired me to keep working hard. Contrarily, I was invited to a JIS Think Tank Session and featured in the Jamaica Observer and the Jamaica Gleaner, all of which was an experience most Jamaicans aspire towards and for that, I am sincerely grateful.

*Mr. Kevhvan Graham, NHRC 2020 Oral Presentation winner*