# WEEKLY EPIDEMIOLOGY BULLETIN NATIONAL EPIDEMIOLOGY UNIT, MINISTRY OF HEALTH & WELLNESS, JAMAICA

# Weekly Spotlight

#### **Diabetes**



Diabetes is a chronic disease that occurs either when the pancreas does not produce enough insulin or when the body cannot effectively use the insulin it produces. Insulin is a hormone that regulates blood glucose. Hyperglycaemia, also called

raised blood glucose or raised blood sugar, is a common effect of uncontrolled diabetes and over time leads to serious damage to many of the body's systems, especially the nerves and blood vessels.

#### **Type 1 diabetes**

Type 1 diabetes (previously known as insulin-dependent, juvenile or childhood-onset) is characterized by deficient insulin production and requires daily administration of insulin. In 2017 there were 9 million people with type 1 diabetes; the majority of them live in high-income countries. Neither its cause nor the means to prevent it are known

#### **Type 2 diabetes**

Type 2 diabetes (formerly called non-insulin-dependent, or adultonset) results from the body's ineffective use of insulin. More than 95% of people with diabetes have type 2 diabetes. This type of diabetes is largely the result of excess body weight and physical inactivity.Until recently, this type of diabetes was seen only in adults but it is now also occurring increasingly frequently in children.

#### **Gestational diabetes**

Gestational diabetes is hyperglycaemia with blood glucose values above normal but below those diagnostic of diabetes. Gestational diabetes occurs during pregnancy.Women with gestational diabetes are at an increased risk of complications during pregnancy and at delivery. These women and possibly their children are also at increased risk of type 2 diabetes in the future.Gestational diabetes is diagnosed through prenatal screening, rather than through reported symptoms.

#### Impaired glucose tolerance and impaired fasting glycaemia

Impaired glucose tolerance (IGT) and impaired fasting glycaemia (IFG) are intermediate conditions in the transition between normality and diabetes. People with IGT or IFG are at high risk of progressing to type 2 diabetes, although this is not inevitable.

https://www.who.int/news-room/fact-sheets/detail/diabetes



#### Sentinel Surveillance in Jamaica



Table showcasing the Timeliness of Weekly Sentinel Surveillance Parish Reports for the Four Most Recent Epidemiological Weeks -39 to 42 of 2022

Parish health departments submit reports weekly by 3 p.m. on Tuesdays. Reports submitted after 3 p.m. are considered late.

KEY:

Yellow- late submission on Tuesday Red – late submission after Tuesday A syndromic surveillance system is good for early detection of and response to public health events.

Sentinel surveillance occurs when selected health facilities (sentinel sites) form a network that reports on certain health conditions on a regular basis, for example, weekly. Reporting is mandatory whether or not there are cases to report.

Jamaica's sentinel surveillance system concentrates on visits to sentinel sites for health events and syndromes of national importance which are reported weekly (see pages 2 -4). There are seventy-eight (78) reporting sentinel sites (hospitals and health centres) across Jamaica.

Epi week	Kingston and Saint Andrew	Saint Thomas	Saint Catherine	Portland	Saint Mary	Saint Ann	Trelawny 2022	Saint James	Hanover	Westmoreland	Saint Elizabeth	Manchester	Clarendon
39	On	On	On	On	On	On	On	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
40	On	On	On	On	On	On	On	On	On	On	On	Late	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	(W)	Time
41	On	On	On	On	Late	On	On	On	On	On	On	On	Late
	Time	Time	Time	Time	(W)	Time	Time	Time	Time	Time	Time	Time	(W)
42	On Time	On Time	Late (T)	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time

### REPORTS FOR SYNDROMIC SURVEILLANCE

#### UNDIFFERENTIATED FEVER

Weekly Visits to Sentinel Sites for Undefrentiated Fever All ages: 1400 Jamaica, Weekly Threshold vs Cases 2022 Temperature of >38°C 1200 /100.4°F (or recent history of Number of visits 008 400 400 fever) with or without an obvious diagnosis or focus of infection. 200 տոնինեն İlbatoattladi եր, պետել 0 11 13 15 17 19 21 23 25 27 29 31 33 35 37 39 41 43 45 47 49 51 53 5 7 9 Epidemiologic week 2022 <5 2022≥5 — Epidemic Threshold ≥5 2 NOTIFICATIONS-**INVESTIGATION** HOSPITAL SENTINEL All clinical **REPORTS-** Detailed Follow ACTIVE REPORT- 78 sites. up for all Class One Events SURVEILLANCE-Automatic reporting sites 30 sites. Actively pursued

#### November 4, 2022

#### FEVER AND NEUROLOGICAL

Temperature of >38°C /100.4°F (or recent history of fever) in a previously healthy person with or without headache and vomiting. The person must also have meningeal irritation, convulsions, altered consciousness, altered sensory manifestations or paralysis (except AFP).



#### FEVER AND HAEMORRHAGIC

Temperature of  $>38^{\circ}C$ /100.4°F (or recent history of fever) in a previously healthy person presenting with at least one haemorrhagic (bleeding) manifestation with or without jaundice.



#### FEVER AND JAUNDICE

Temperature of  $>38^{\circ}C/100.4^{\circ}F$ (or recent history of fever) in a previously healthy person presenting with jaundice.

The epidemic threshold is used to confirm the emergence of an epidemic in order to implement control measures. It is calculated using the mean reported cases per week plus 2 standard deviations.





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NOTIFICATIONS-All clinical sites INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



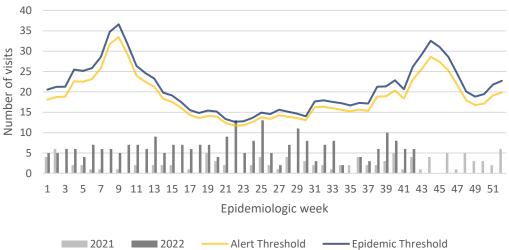
HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



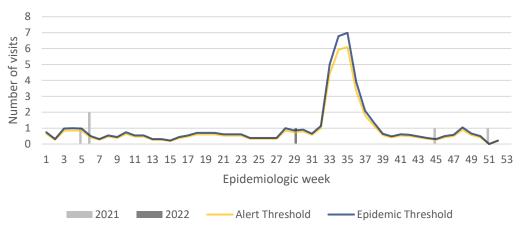
SENTINEL REPORT- 78 sites. Automatic reporting

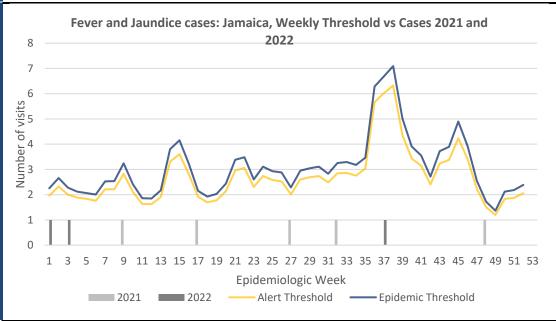


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Weekly visits to Sentinel Sites for Fever and Haemorrhagic 2021 and 2022 vs Weekly Threshold; Jamaica





#### November 4, 2022

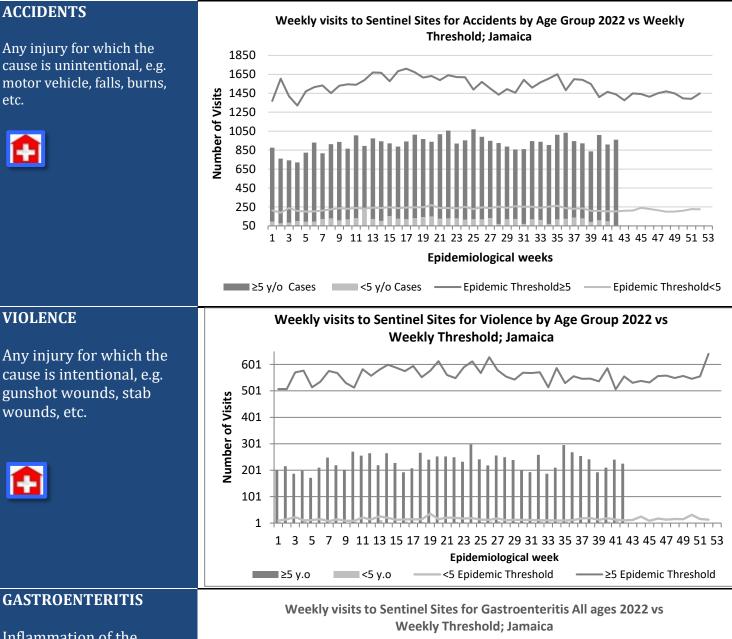
#### ACCIDENTS

Any injury for which the cause is unintentional, e.g. motor vehicle, falls, burns, etc.



**VIOLENCE** 

wounds, etc.

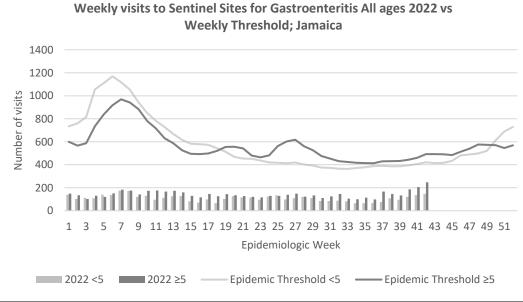


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gunshot wounds, stab

Inflammation of the stomach and intestines, typically resulting from bacterial toxins or viral infection and causing vomiting and diarrhoea.



sites

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NOTIFICATIONS-All clinical

**INVESTIGATION REPORTS-** Detailed Follow up for all Class One Events

HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



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- CLASS C	NE NOTIFI	ABLE EVENTS			Comments	
	_		Confirr	ned YTD <sup>α</sup>	AFP Field Guides from	
	CLASS 1 E	VENTS	CURRENT YEAR 2022	PREVIOUS YEAR 2021	WHO indicate that for an effective surveillance system, detection rates for	
NATIONAL /INTERNATIONAL INTEREST	Accidental P	oisoning	167 <sup>β</sup>	147 <sup>β</sup>	AFP should be 1/100,000	
	Cholera		0	0	population under 15 years old (6 to 7) cases annually.	
	Dengue Hem	orrhagic Fever <sup>9</sup>	See Dengue page below	See Dengue page below		
IATI	COVID-19 (	SARS-CoV-2)	55141	75225	Pertussis-like syndrome an	
L /INTERN INTEREST	Hansen's Dis	sease (Leprosy)	0	0	Tetanus are clinically confirmed classifications.	
INT	Hepatitis B		8	6		
IN.	Hepatitis C		2	4	$\gamma$ Dengue Hemorrhagic Fever	
NOI	HIV/AIDS		NA	NA	data include Dengue related deaths;	
VAT	Malaria (Im	ported)	0	0		
4	Meningitis (	Clinically confirmed)	17	34	$\delta$ Figures include all deaths	
	Monkeypox		15	NA	associated with pregnancy reported for the period.	
EXOTIC/ UNUSUAL	Plague		0	0	<sup>6</sup> CHIIVA I-M	
۲۲ ۲۲	Meningococo	cal Meningitis	0	0	<sup><math>\varepsilon</math></sup> CHIKV IgM positive cases	
H IGH MORBIDITY, MORTALITY	Neonatal Tet	anus	0	0	$^{\theta}$ Zika PCR positive cases	
H IGH RBIDI RTAL	Typhoid Fev	er	0	0	<sup><math>\beta</math></sup> Updates made to prior weeks in 2020.	
MG	Meningitis H	/Flu	0	0	$^{\alpha}$ Figures are cumulative	
	AFP/Polio		0	0	totals for all epidemiological	
	Congenital R	ubella Syndrome	0	0	weeks year to date.	
	Congenital S	yphilis	0	0		
MES	Fever and Rash	Measles	0	0		
RAM		Rubella	0	0		
[DO]	Maternal Dea	$aths^{\delta}$	54	73		
L PR	Ophthalmia l	Neonatorum	48	40		
SPECIAL PROGRAMMES	Pertussis-like	e syndrome	0	0		
	Rheumatic F	ever	0	0		
	Tetanus		0	0		
	Tuberculosis		34	34		
	Yellow Feve		0	0		
	Chikungunya	6	0	0		
	Zika Virus <sup><math>\theta</math></sup>		0	0	NA- Not Available	





INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



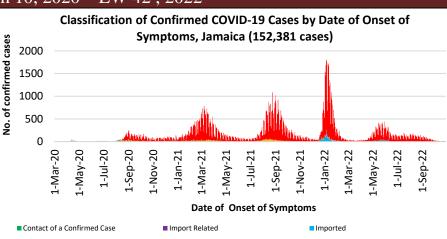
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#### **COVID-19 Surveillance Update** March 10, 2020 - EW 42, 2022

Local Transmission (Not Epi Linked)

Unvacccinated

CASES	EW 42	Total		
Confirmed	72	152381		
Females	35	87923		
Males	37	64455		
Age Range	11 months– 94 years	1 day to 108 years		
* 3 positive cases had no gender specification * PCR or Antigen tests are used to confirm cases				



■ Workplace Cluster

Fully Vaccinated

**Total Cases** 

Legend

R or Antigen tests are us

#### COVID-19 Outcomes

Outcomes	EW 42	Total	
ACTIVE *past 2 weeks*		129	
DIED – COVID Related	1	3351	
Died - NON COVID	0	289	
Died - Under Investigation	1	267	
Recovered and discharged	26	101133	
Repatriated	0	93	
Total		152381	

2809 COVID-19 Related Deaths since March 12021 - YTD Vaccination Status among COVID-19 Deaths Fully Vaccinated (64/2809) 2% **Partially Vaccinated** (31/2809) 1% Unvacccinated (2714/2809) 97%

Partially Vaccinated

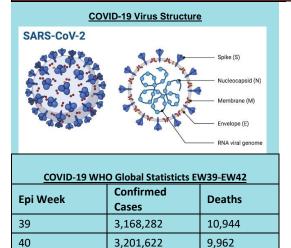
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**COVID19** Cases by Parish

Under Investigation

\*Vaccination programme March 2021 – YTD

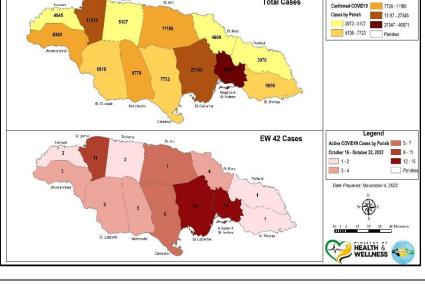
#### COVID-19 Parish Distribution and Global Statistics



2,805,405

2,465,861

11,641,170



NOTIFICATIONS-6 All clinical sites

Total (4weeks)

41

42

8948

9671

39,525

**INVESTIGATION** REPORTS- Detailed Follow up for all Class One Events

HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued

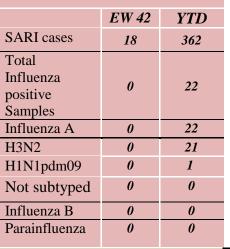
#### November 4, 2022

## NATIONAL SURVEILLANCE UNIT **INFLUENZA REPORT**

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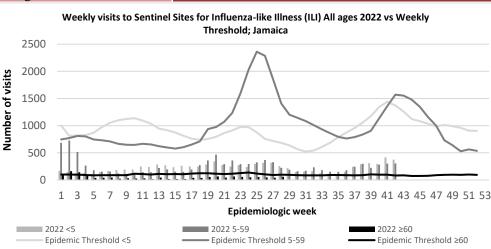
*EW 42* 

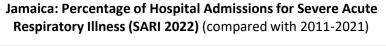
#### October 16 - October 22, 2022 Epidemiological Week 42

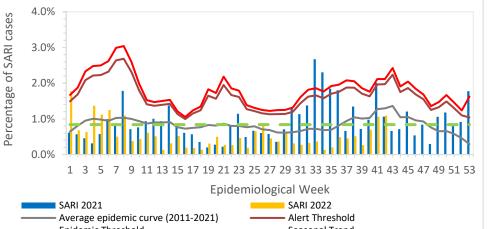


# **Epi Week Summary**

During EW 42 eighteen (18) SARI admissions were reported.

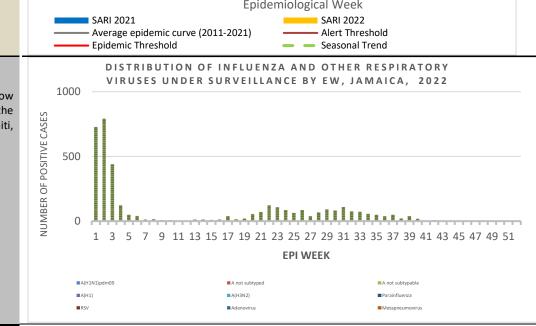






#### **Caribbean Update EW 42**

Caribbean : Influenza activity remained low across the subregion, predominating the influenza A(H3N2) virus circulation. In Haiti, SARS-CoV-2 activity continues elevated





NOTIFICATIONS-All clinical sites



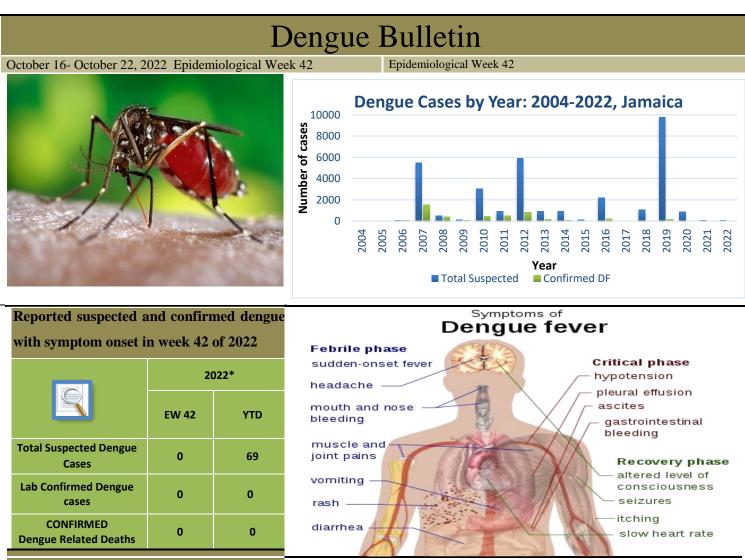
**INVESTIGATION REPORTS-** Detailed Follow up for all Class One Events



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



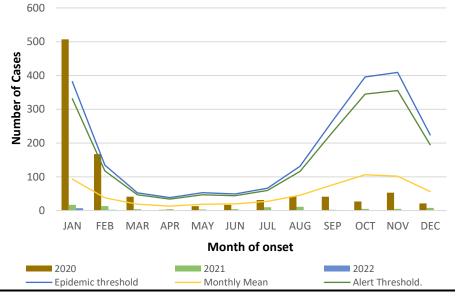
ISSN 0799-3927



# Suspected dengue cases for 2020, 2021 and 2022 versus monthly mean, alert, and epidemic thresholds (2007-2021)

#### **Points to note:**

- \*Figure as at Oct 22, 2022
- Only PCR positive dengue cases are reported as confirmed.
- IgM positive cases are classified as presumed dengue.





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NOTIFICATIONS-All clinical sites



INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



# **RESEARCH PAPER**

Abstract

# Depression and the Impact on Productivity in the Workplace: Findings from a Jamaican Survey on Depression in the Workplace

Margarett Barnett

**Objectives:** The World Health Organization predicts the rise of the global burden of depression to become the leading cause of disability by 2030. The study aims to 1) address a gap in the literature in terms of baseline data for assessing the burden and impact of depression in the Jamaican workplace, and 2) quantify the links between depression, cognitive dysfunction, absenteeism and presenteeism by means of the The Work Limitation Questionnaire (WLQ) was developed by Lerner et al., to measure the degree to which health problems interfere with specific aspects of job performance and the productivity impact of these work limitations.

**Methods:** 300 employed adults in a Jamaican Quasi-government institution have been recruited for the survey. Self-reported answers will be recorded for various demographic variables, diagnosis of depression, number of days taken off for depression (absenteeism), and work performance ratings and behaviours while working with depression (presenteeism). The responses pertaining to absenteeism and presenteeism will be analysed according to the presence or absence of cognitive dysfunction.

**Conclusion:** Absenteeism causes increased workload for other employees, reduced output, and lost income from hiring temporary workers. In addition, reduced productivity at work, or 'presenteeism', is a major but less acknowledged concern for employers, and may be even more costly than absenteeism. It is hoped that this research will bring to the fore that there is a vital need to improve employees's access to quality treatment preferably through programs based on integrated care models.



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NOTIFICATIONS-All clinical sites



INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued

