WEEKLY EPIDEMIOLOGY BULLETIN NATIONAL EPIDEMIOLOGY UNIT, MINISTRY OF HEALTH & WELLNESS, JAMAICA

Weekly Spotlight

Epileptic Seizures

Epilepsy

Epilepsy is a chronic noncommunicable disease of the brain that affects around 50 million people worldwide. It is characterized by recurrent seizures, which are brief episodes of involuntary movement that may involve a part of the body (partial) or the entire body

(generalized) and are sometimes accompanied by loss of consciousness and control of bowel or bladder function.

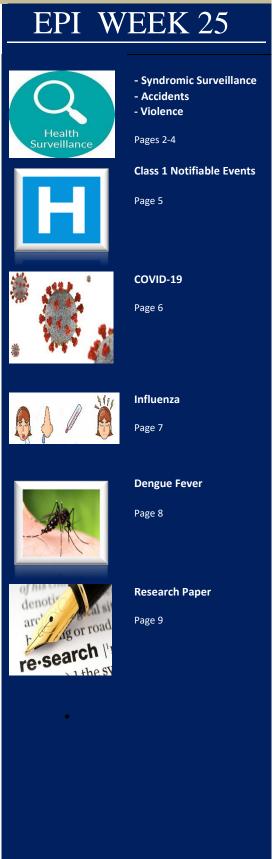
Seizure episodes are a result of excessive electrical discharges in a group of brain cells. Different parts of the brain can be the site of such discharges. Seizures can vary from the briefest lapses of attention or muscle jerks to severe and prolonged convulsions. Seizures can also vary in frequency, from less than one per year to several per day.

One seizure does not signify epilepsy (up to 10% of people worldwide have one seizure during their lifetime). Epilepsy is defined as having two or more unprovoked seizures. Epilepsy is one of the world's oldest recognized conditions, with written records dating back to 4000 BCE. Fear, misunderstanding, discrimination and social stigma have surrounded epilepsy for centuries. This stigma continues in many countries today and can impact on the quality of life for people with the disease and their families

Signs and symptoms

Characteristics of seizures vary and depend on where in the brain the disturbance first starts, and how far it spreads. Temporary symptoms occur, such as loss of awareness or consciousness, and disturbances of movement, sensation (including vision, hearing and taste), mood, or other cognitive functions.

People with epilepsy tend to have more physical problems (such as fractures and bruising from injuries related to seizures), as well as higher rates of psychological conditions, including anxiety and depression. Similarly, the risk of premature death in people with epilepsy is up to three times higher than in the general population, with the highest rates of premature mortality found in low- and middle-income countries and in rural areas.



SENTINEL SYNDROMIC SURVEILLANCE

Sentinel Surveillance in Jamaica



Table showcasing the Timeliness of Weekly Sentinel Surveillance Parish Reports for the Four Most Recent Epidemiological Weeks – 22 to 25 of 2023

Parish health departments submit reports weekly by 3 p.m. on Tuesdays. Reports submitted after 3 p.m. are considered late.

KEY:

Yellow- late submission on Tuesday Red – late submission after Tuesday

A syndromic surveillance system is good for early detection of and response to public health events.

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Sentinel surveillance occurs when selected health facilities (sentinel sites) form a network that reports on certain health conditions on a regular basis, for example, weekly. Reporting is mandatory whether or not there are cases to report.

Jamaica's sentinel surveillance system concentrates on visits to sentinel sites for health events and syndromes of national importance which are reported weekly (see pages 2 -4). There are seventy-eight (78) reporting sentinel sites (hospitals and health centres) across Jamaica.

Epi week	Kingston and Saint Andrew	Saint Thomas	Saint Catherine	Portland	Saint Mary	Saint Ann	Trelawny	Saint James	Hanover	Westmoreland	Saint Elizabeth	Manchester	Clarendon
22	On	On	On	On	On	On	Late	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	(W)	Time	Time	Time	Time	Time	Time
23	On	On	On	On	On	On	On	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
24	On	On	On	On	On	On	On	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
25	On	On	On	On	On	On	On	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time

Weekly Visits to Sentinel Sites for Undifferentiated Fever All ages: Jamaica, Weekly Threshold vs Cases 2023

REPORTS FOR SYNDROMIC SURVEILLANCE

UNDIFFERENTIATED FEVER

Temperature of $>38^{\circ}C$ 1400/100.4°F (or recent history of
fever) with or without an
obvious diagnosis or focus of
infection.1200
92
93
900

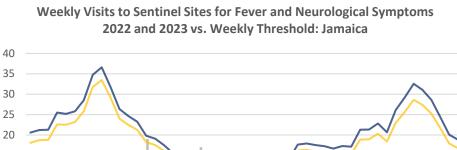
obvious diagnosis or focus of infection.	1000 800 600 400 200 0 1 3 5 7 9 11 13 15 17 19 21 23 25 27 29 31 33 35 37 39 41 43 45 47 49 51 Epidemiologic week 2023 <5 ■ 2023 >5 ■ Epidemic Threshold <5 ■ Epidemic Threshold ≥5
2 NOTIFICATIONS- All clinical sites	INVESTIGATION REPORTS- Detailed Follow up for all Class One Events HOSPITAL SURVEILLANCE- 30 sites. Actively pursued SENTINEL REPORT- 78 sites. Automatic reporting

July 7, 2023

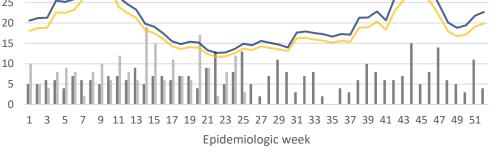
FEVER AND NEUROLOGICAL

Temperature of >38°C /100.4°F (or recent history of fever) in a previously healthy person with or without headache and vomiting. The person must also have meningeal irritation, convulsions, altered consciousness, altered sensory manifestations or paralysis (except AFP).

Number of visits



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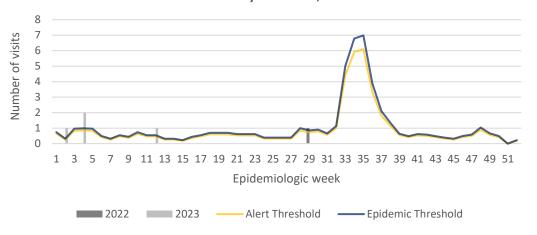
Alert Threshold

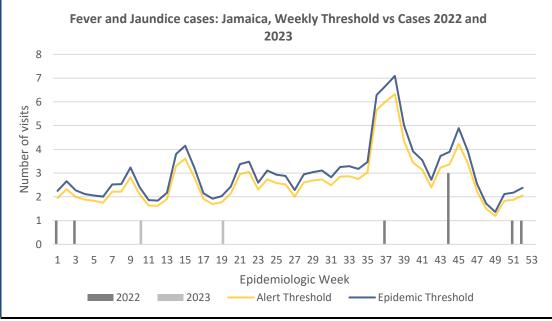
- Epidemic Threshold

Weekly visits to Sentinel Sites for Fever and Haemorrhagic 2022 and 2023 vs Weekly Threshold; Jamaica

2023

2022





NOTIFICATIONS-All clinical

INVESTIGATION REPORTS- Detailed Follow up for all Class One Events

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HOSPITAL
ACTIVE
SURVEILLANCE-
30 sites. Actively
pursued
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FEVER AND

HAEMORRHAGIC

Temperature of >38°C

/100.4^o*F* (or recent history of

fever) in a previously healthy

(bleeding) manifestation with

person presenting with at

least one haemorrhagic

or without jaundice.

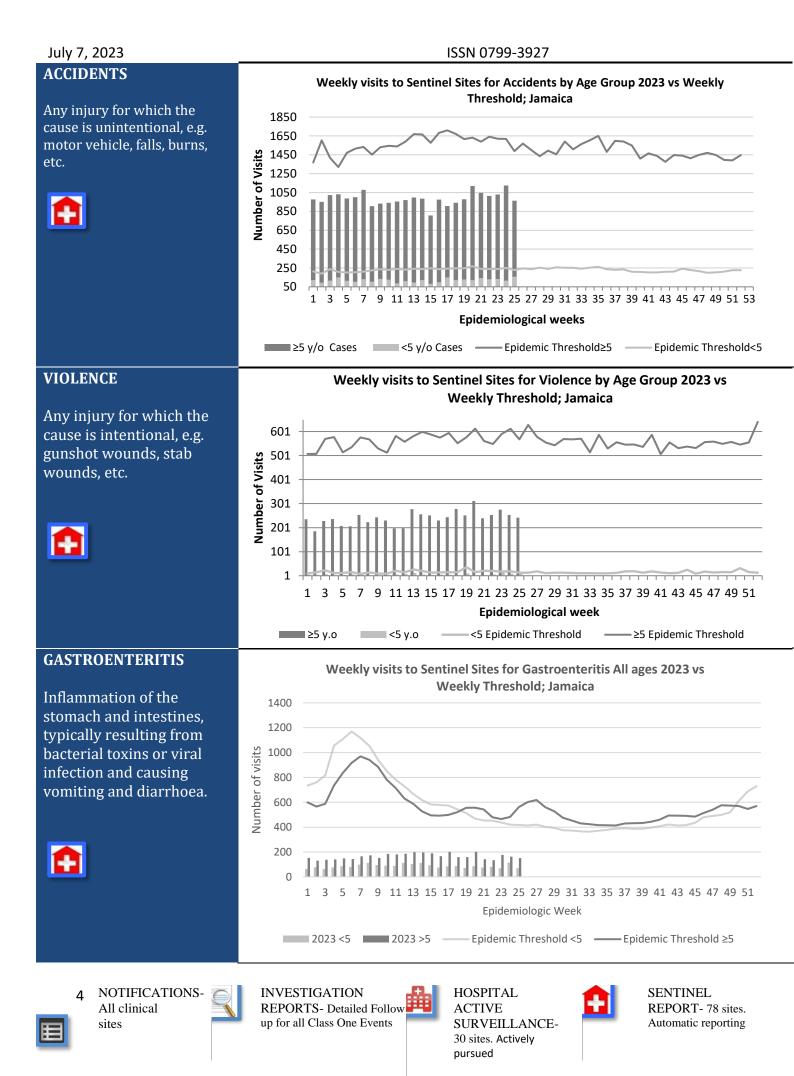
FEVER AND JAUNDICE

Temperature of $>38^{\circ}C/100.4^{\circ}F$ (or recent history of fever) in a previously healthy person presenting with jaundice.

The epidemic threshold is used to confirm the emergence of an epidemic in order to implement control measures. It is calculated using the mean reported cases per week plus 2 standard deviations.







CLASS ONE NOTIFIABLE EVENTS

Comments

			. Confirm	ed YTD^{α}	AFP Field Guides from		
	CLASS 1 EVENTS		CURRENT YEAR 2023	PREVIOUS YEAR 2022	WHO indicate that for an effective surveillance system, detection rates for		
	Accidental P	Poisoning	162 ^β	120 ^β	AFP should be 1/100,000		
NATIONAL /INTERNATIONAL INTEREST	Cholera		0	0	population under 15 years		
	Dengue Hem	orrhagic Fever ^γ	See Dengue page below	See Dengue page below	old (6 to 7) cases annually.		
	COVID-19 (SARS-CoV-2)	2434	45573	Pertussis-like syndrome		
	Hansen's Dis	sease (Leprosy)	0	0	and Tetanus are clinically		
	Hepatitis B		22	8	confirmed classifications.		
	Hepatitis C		10	2	$\frac{\gamma}{\gamma}$ Dengue Hemorrhagic		
/NO	HIV/AIDS		N/A	N/A	Fever data include Dengue		
ATIC	Malaria (Im	ported)	1	0	related deaths;		
Z	Meningitis (Clinically confirmed)	14	13	δ Figures include all deaths		
	Monkeypox		3	N/A	associated with pregnancy		
EXOTIC/ UNUSUAL	Plague		0	0	reported for the period.		
X	Meningococ	cal Meningitis	0	0	^ε CHIKV IgM positive		
GH IDIT ALL	Neonatal Tet	tanus	0	0	cases		
H IGH MORBIDITY/ MORTALITY	Typhoid Fev	rer	0	0	$^{\theta}$ Zika PCR positive cases		
MC	Meningitis H	I/Flu	0	0	^β Updates made to prior weeks in 2020.		
	AFP/Polio		0	0	$^{\alpha}$ Figures are cumulative		
	Congenital R	Rubella Syndrome	0	0	totals for all		
	Congenital S	Syphilis	0	0	epidemiological weeks year to date.		
MES	Fever and Rash	Measles	0	0			
SPECIAL PROGRAM		Rubella	0	0			
	Maternal De	aths ^δ	25	39			
	Ophthalmia 1	Neonatorum	66	48			
	Pertussis-like	e syndrome	0	0			
	Rheumatic F	ever	0	0			
	Tetanus		0	2			
	Tuberculosis		17	13			
	Yellow Feve		0	0			
	Chikungunya	a ^ε	0	0			
	Zika Virus ^θ		0	0	NA- Not Available		

NOTIFICATIONS-5 All clinical sites



INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



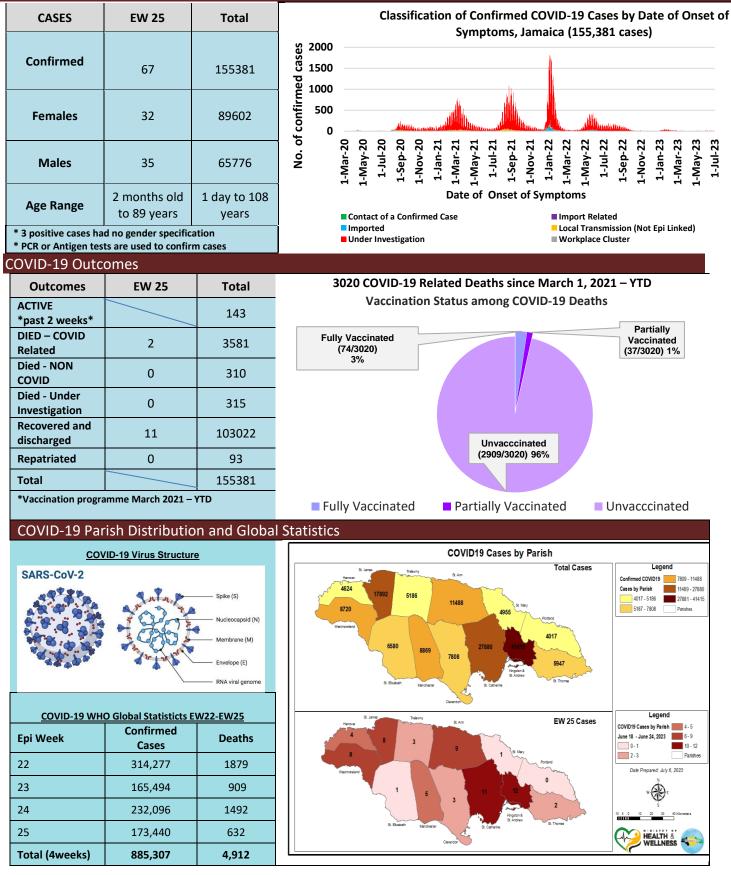
HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued





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COVID-19 Surveillance Update March 10, 2020 – EW 25, 2023



6 NOTIFICATIONS-All clinical sites



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HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



July 7, 2023

NATIONAL SURVEILLANCE UNIT INFLUENZA REPORT

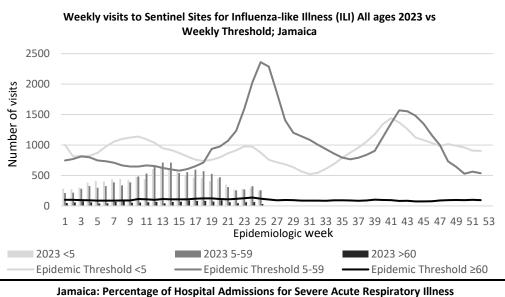
EW 25

June 18 – June 24, 2023 Epidemiological Week 25

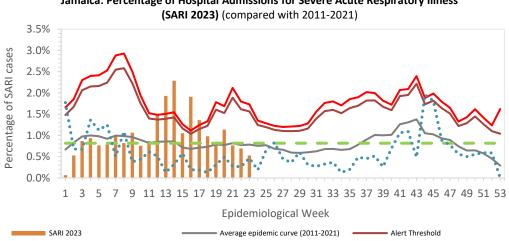
	<i>EW 25</i>	YTD
SARI cases	4	387
Total Influenza positive Samples	0	114
Influenza A	0	14
H3N2	0	1
H1N1pdm09	0	12
Not subtyped	0	1
Influenza B	0	100
B lineage not determined	0	2
B Victoria	0	98
Parainfluenza	0	1
Adenovirus	0	2
RSV	0	13

Epi Week Summary

During EW 25, four (4) SARI admissions were reported.



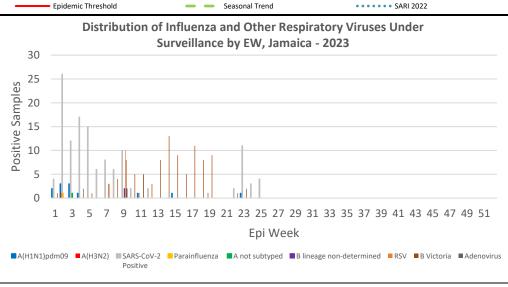
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Caribbean Update EW 25

Caribbean: Influenza activity has shown a decreasing trend. During the last 4 EWs, the predominant influenza viruses have been B/Victoria, with lesser circulation of influenza A (mainly A(H1N1)pdm09). RSV activity has remained low. SARS-CoV-2 activity has increased in the last 4 weeks and is currently at intermediate levels of circulation. Cases of ILI and SARI have shown an increase due to positive SARS-CoV-2 cases and to a lesser extent influenza cases.

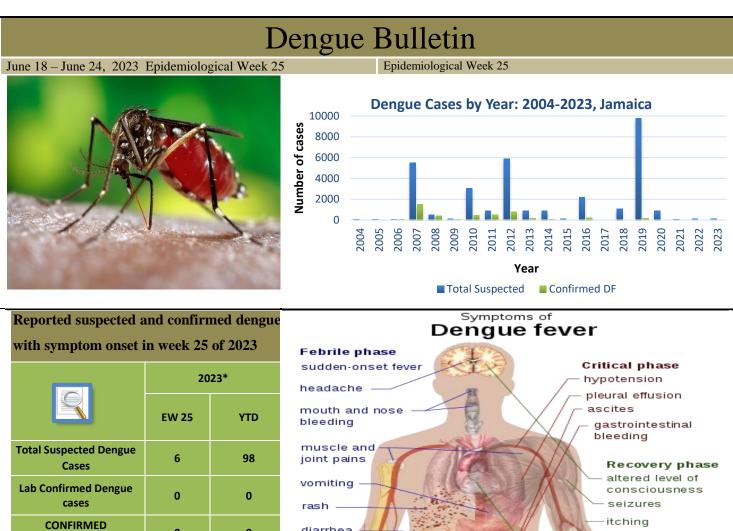
> 7 NOTIFICATIONS-All clinical sites



INVESTIGATION REPORTS- Detailed Follow up for all Class One Events HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued







diarrhea

0

0

*Figure as at June 24, 2023

are reported as confirmed.

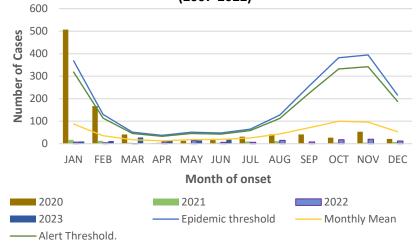
as presumed dengue.

Only PCR positive dengue cases

IgM positive cases are classified

itching slow heart rate

Suspected dengue cases for 2020, 2021, 2022 and 2023 versus monthly mean, alert, and epidemic thresholds (2007 - 2022)



NOTIFICATIONS-8 All clinical sites

Dengue Related Deaths

Points to note:

0



INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued





RESEARCH PAPER

Abstract

Diabetes mHealth: Perceptions of physicians and the experience of T2DM patients in regards to a mobile application for Jamaicans

Alicia Brown, Sheldon Connor, Sheckardo Daley, Daniella McCalla, Fabian Rose, and Susan A. Muir

Objectives This study had two aims: to identify mHealth features deemed suitable by physicians and to measure the experience of type 2 diabetes mellitus (T2DM) patients using a diabetes mobile application in Jamaica.

Methods The study was a cross sectional study of physicians who treat T2DM patients as well as T2DM patients aged 18-80. Subjects were recruited within St. Andrew, Kingston and St. Catherine, Jamaica, using convenient sampling. A diabetes mobile application was developed for the Android platform, which tracked blood sugar, blood pressure, weight and diet. Data was collected using interviews of physicians as well as surveys and observations of patients using the application.

Results The majority of physicians expected that a mHealth application would help with monitoring of the disease. The features that were deemed to be most important were monitoring, tailored education (that provide encouraging simple messages to patients), as well as sharing of information between patients and physicians. Thirty-two percent (32%) of the patients rated the application as excellent while sixty-eight percent (68%) rated it as good or fairly good. The two most valuable features were blood sugar (82%) and blood pressure (41%). Surprisingly, patients over sixty adapted well to the application. Nineteen patients (86%) indicated that they were extremely likely or likely to recommend the application while three (14%) were neutral.

Conclusion Jamaican physicians believed that the most important specifications were monitoring, tailored feedback to patients, and patient-provider communication. Most of the Jamaican T2DM patients were satisfied with and would recommend using a mobile application.



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9 NOTIFICATIONS-All clinical sites



INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



