

NHRC Abstract Format Example

Ministry of Health & Wellness

NATIONAL HEALTH RESEARCH CONFERENCE

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ABSTRACT

Trans Fat and Cardiovascular Health

Taylor, J¹, Holden, K.F¹, Devine, M², Brown, R.³

1 University of the West Indies, Mona, Jamaica

2 University of Florida, Gainesville, FL, USA

3 University of Technology, Papine, Jamaica

OBJECTIVES: To analyze individuals with trans-fat intake and cardiovascular health.....

METHODS: A cross-sectional analysis of persons 40 years and over was used to fulfill the aim of this study.....

RESULTS: Majority (90.9%) of the participants who consumed trans-fats were recently diagnosed with two (2) NCDs.....

CONCLUSION: Jamaicans with NCDs.....

The abstract word count is 184 words without title or authors.

Correspondence concerning this abstract should be addressed to Janaburreta Taylor, Department of Basic Medical Sciences, University of the West Indies, Mona, Kingston, Jamaica W.I. Telephone (876) 555-5555; Email: Janaburreta.taylor@mymona.uwi.edu

NB: Font size 12 and line spacing 1.5

Abstract Content Checklist

✓	The abstract should cover all elements shown in the NHRC Abstract Format .
✓	The abstract should fit within the themes of (i) Mental Health, (ii) Non-Communicable Diseases, (iii) Reproductive Health, (iv) Technology in Health and (v) Climate Change. However, other abstracts with high quality research will be accepted.
✓	The research should be of scientific merit.
✓	The research should be of relevance to the Jamaica and or global health sectors, and should ideally be able to inform health policy and practice.
✓	Abstracts should be no more than 250 words.
✓	<i>The abstract should ONLY include Title, Aims/Objectives, Methods, Results and Conclusions, with each section clearly delineated as shown in the example above. <u>No Background</u> is necessary for the abstract. Researchers should place emphasis on the <u>Methods and Results</u> sections.</i>
✓	The abstract should be coherent and grammatically sound.
✓	The Title of the paper should reflect the content of the abstract.
✓	The Aim(s) should be clearly stated and the study should adequately answer the objectives of the study.
✓	The Methods should be adequate to answer the stated objectives. This section should also describe statistical methods used.
✓	The Results should be in line with stated objectives and include the outcomes of the appropriate statistical tests.
✓	The Conclusion should be drawn from the results presented.
Any abstract found to be in contravention of the listed instructions will not be considered for the adjudication process for the Conference.	

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