

# WEEKLY EPIDEMIOLOGY BULLETIN

NATIONAL SURVEILLANCE UNIT, MINISTRY OF HEALTH & WELLNESS, JAMAICA

## Weekly Spotlight

### Foodborne Trematodes



Foodborne trematodes are a group of diseases that include the parasites *Clonorchis*, *Opisthorchis*, *Fasciola* and *Paragonimus*. These parasitic flukes have a complex life cycle involving diverse definitive hosts and one or two intermediate hosts. Foodborne trematodes cause infection in humans via the consumption of contaminated food (raw fish, crustaceans or vegetables). Infection can result in severe liver and lung disease and together these diseases are estimated to cause 2 million life years lost to disability and death worldwide every year. The public health burden due to foodborne trematodiasis is predominantly due to morbidity rather than mortality with early and light infections often going unnoticed. Chronic infections are associated with severe morbidity with symptoms reflecting the organ in which the adult worms are located in.

*Clonorchis* and *Opisthorchis* species have adult flukes that lodge in the smaller bile ducts of the liver, resulting in inflammation and fibrosis of surrounding tissues. Acute or early infection may result in non-specific gastrointestinal symptoms. Chronic infection can result in cholangiocarcinoma, a fatal bile duct cancer. Both *C. sinensis* and *O. viverrini* are classified as carcinogens.

*Fasciola* adult worms lodge in larger bile ducts and gall bladder resulting in inflammation, fibrosis, blockage, colic pain and jaundice. Chronic infection can result in liver cirrhosis.

The final location of *Paragonimus* species is in the lung tissue, resulting in a chronic cough, blood-stained sputum, chest pain, dyspnoea (shortness of breath) and fever. These symptoms can be confounded with tuberculosis. Adult worms may also infect extra-pulmonary locations such as the brain and can result in symptoms of headaches, mental confusion, convulsions and cerebral haemorrhage.

Treatment of foodborne trematodiasis is important to prevent progression of clinical disease and reduce associated morbidity. Treatment can be offered through preventive chemotherapy or individual case management.

Preventive chemotherapy involves a population-based approach where everyone in a given region or area is given medicines, irrespective of their infection status. This is recommended in areas where large numbers of people are infected. Praziquantel is recommended for treatment of clonorchiasis and opisthorchiasis while triclabendazole is recommended for fascioliasis. Both praziquantel and triclabendazole can be used for treatment of paragonimiasis.

Individual case-management involves the treatment of people with confirmed or suspected infection. This approach is more appropriate where cases are less clustered and where health facilities are available.

Treatment should be complemented by interventions that reduce transmission such as education on safe food practices, improved sanitation and veterinary public health measures.

Taken from WHO website on 16/ July /2024

[https://www.who.int/health-topics/foodborne-trematode-infections#tab=tab\\_1](https://www.who.int/health-topics/foodborne-trematode-infections#tab=tab_1)

[https://www.who.int/health-topics/foodborne-trematode-infections#tab=tab\\_2](https://www.who.int/health-topics/foodborne-trematode-infections#tab=tab_2)

[https://www.who.int/health-topics/foodborne-trematode-infections#tab=tab\\_3](https://www.who.int/health-topics/foodborne-trematode-infections#tab=tab_3)

## EPI WEEK 27



Syndromic Surveillance

Accidents

Violence

Pages 2-4



Class 1 Notifiable Events

Page 5



COVID-19

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Influenza

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Dengue Fever

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Research Paper

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## Sentinel Surveillance in Jamaica



A syndromic surveillance system is good for early detection of and response to public health events.

Sentinel surveillance occurs when selected health facilities (sentinel sites) form a network that reports on certain health conditions on a regular basis, for example, weekly. Reporting is mandatory whether or not there are cases to report.

Jamaica's sentinel surveillance system concentrates on visits to sentinel sites for health events and syndromes of national importance which are reported weekly (see pages 2 -4). There are seventy-eight (78) reporting sentinel sites (hospitals and health centres) across Jamaica.

Table showcasing the Timeliness of Weekly Sentinel Surveillance Parish Reports for the Four Most Recent Epidemiological Weeks – 24 to 27 of 2024

Parish health departments submit reports weekly by 3 p.m. on Tuesdays. Reports submitted after 3 p.m. are considered late.

## KEY:

**Yellow** - late submission on Tuesday

**Red** - late submission after Tuesday

Epi week	Kingston and Saint Andrew	Saint Thomas	Saint Catherine	Portland	Saint Mary	Saint Ann	Trelawny	Saint James	Hanover	Westmoreland	Saint Elizabeth	Manchester	Clarendon
2024													
24	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time
25	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time
26	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time
27	On Time	On Time	On Time	Late (W)	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time	On Time

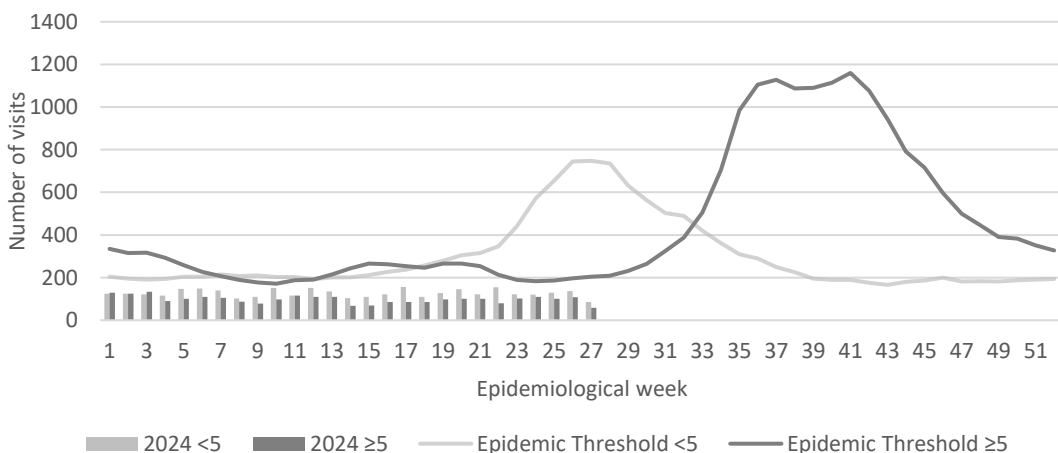
## REPORTS FOR SYNDROMIC SURVEILLANCE

## UNDIFFERENTIATED FEVER

Temperature of  $>38^{\circ}\text{C}$  /  $100.4^{\circ}\text{F}$  (or recent history of fever) with or without an obvious diagnosis or focus of infection.



Weekly Visits to Sentinel Sites for Undifferentiated Fever All ages: Jamaica, Weekly Threshold vs Cases 2024



2

NOTIFICATIONS-  
All clinical  
sites



INVESTIGATION  
REPORTS- Detailed Follow  
up for all Class One Events



HOSPITAL  
ACTIVE  
SURVEILLANCE-  
30 sites. Actively  
pursued



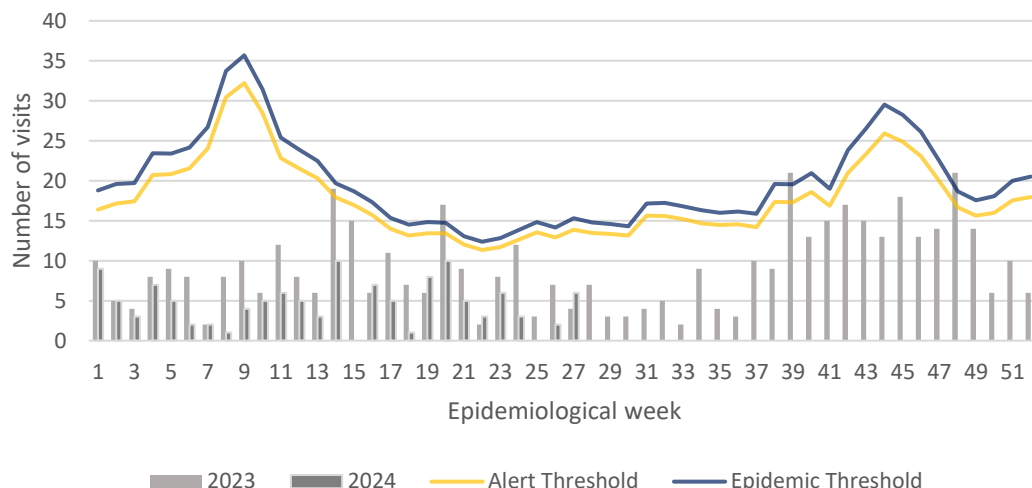
SENTINEL  
REPORT- 78 sites.  
Automatic reporting

**FEVER AND NEUROLOGICAL**

Temperature of  $>38^{\circ}\text{C}$  /  $100.4^{\circ}\text{F}$  (or recent history of fever) in a previously healthy person with or without headache and vomiting. The person must also have meningeal irritation, convulsions, altered consciousness, altered sensory manifestations or paralysis (except AFP).



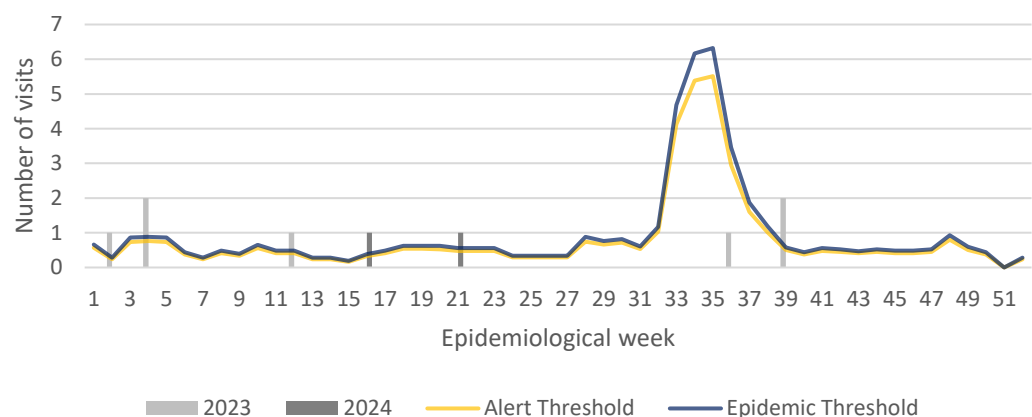
**Weekly Visits to Sentinel Sites for Fever and Neurological Symptoms  
2023 and 2024 vs. Weekly Threshold: Jamaica**

**FEVER AND HAEMORRHAGIC**

Temperature of  $>38^{\circ}\text{C}$  /  $100.4^{\circ}\text{F}$  (or recent history of fever) in a previously healthy person presenting with at least one haemorrhagic (bleeding) manifestation with or without jaundice.



**Weekly visits to Sentinel Sites for Fever and Haemorrhagic 2023 and 2024 vs Weekly Threshold; Jamaica**

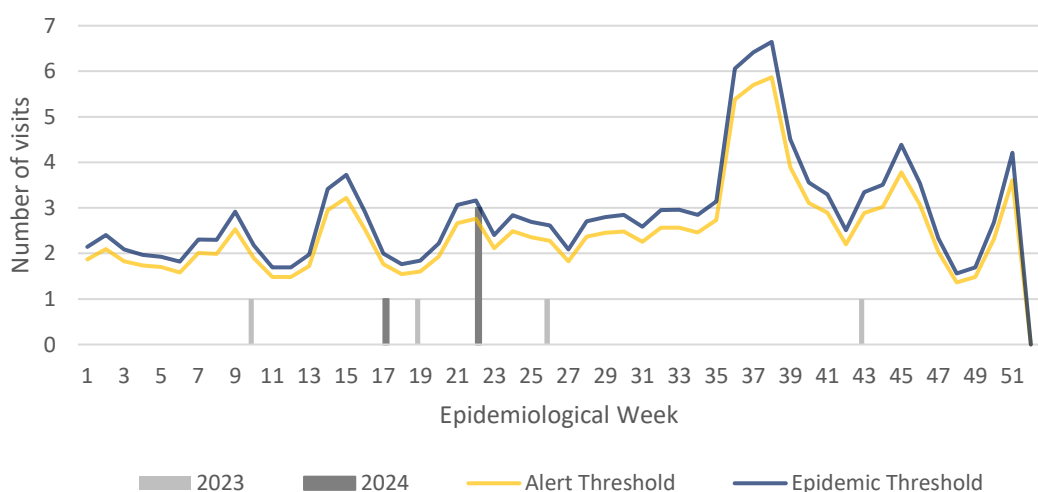
**FEVER AND JAUNDICE**

Temperature of  $>38^{\circ}\text{C}$  /  $100.4^{\circ}\text{F}$  (or recent history of fever) in a previously healthy person presenting with jaundice.

The epidemic threshold is used to confirm the emergence of an epidemic in order to implement control measures. It is calculated using the mean reported cases per week plus 2 standard deviations.



**Fever and Jaundice cases: Jamaica, Weekly Threshold vs Cases  
2023 and 2024**



**3 NOTIFICATIONS-**  
All clinical  
sites



**INVESTIGATION  
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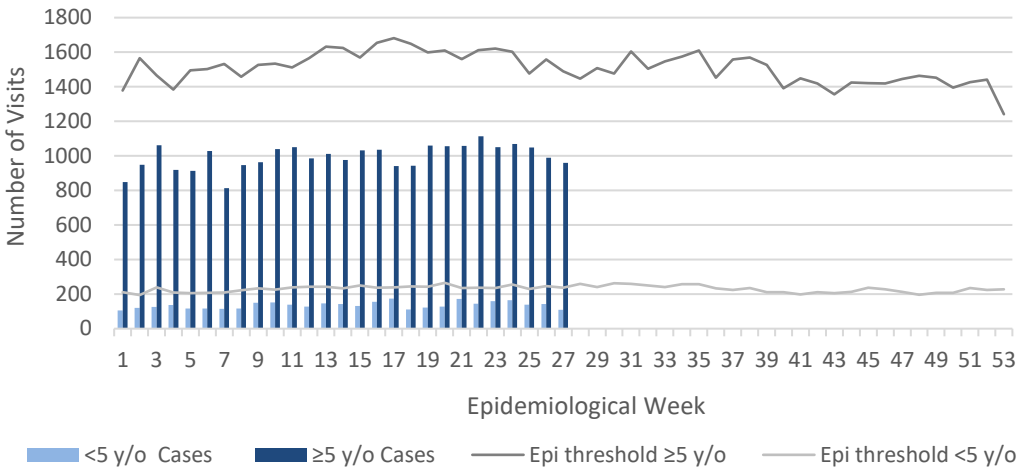
**SENTINEL  
REPORT-** 78 sites.  
Automatic reporting

ACCIDENTS

Any injury for which the cause is unintentional, e.g. motor vehicle, falls, burns, etc.



Weekly Visits to Sentinel Sites for Accident by Age Group 2024 vs. Weekly Threshold

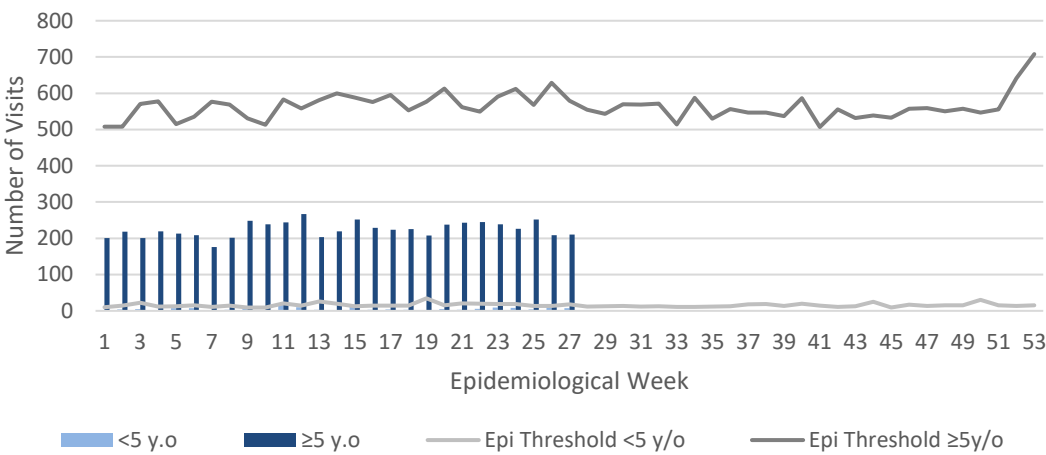


VIOLENCE

Any injury for which the cause is intentional, e.g. gunshot wounds, stab wounds, etc.



Weekly Visits to Sentinel Sites for Violence by Age Groups 2024 vs. Weekly Threshold

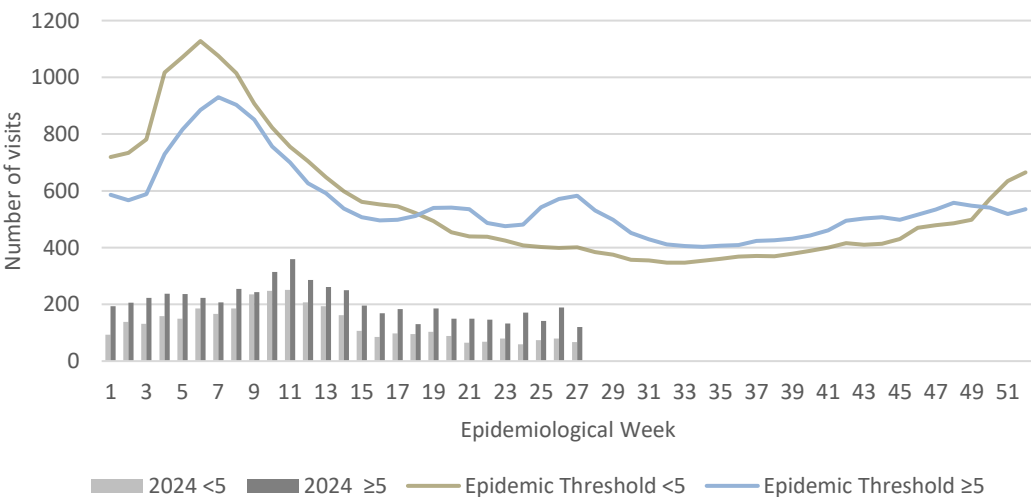


GASTROENTERITIS

Inflammation of the stomach and intestines, typically resulting from bacterial toxins or viral infection and causing vomiting and diarrhoea.



Weekly visits to Sentinel Sites for Gastroenteritis All ages 2024 vs Weekly Threshold; Jamaica



4

NOTIFICATIONS-  
All clinical  
sites



INVESTIGATION  
REPORTS- Detailed Follow  
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CLASS ONE NOTIFIABLE EVENTS					Comments
			Confirmed YTD <sup>α</sup>		AFP Field Guides from WHO indicate that for an effective surveillance system, detection rates for AFP should be 1/100,000 population under 15 years old (6 to 7) cases annually.
	CLASS 1 EVENTS		CURRENT YEAR 2024	PREVIOUS YEAR 2023	
NATIONAL /INTERNATIONAL INTEREST	Accidental Poisoning		197 <sup>β</sup>	205 <sup>β</sup>	Pertussis-like syndrome and Tetanus are clinically confirmed classifications.
	Cholera		0	0	
	Severe Dengue <sup>γ</sup>		See Dengue page below	See Dengue page below	
	COVID-19 (SARS-CoV-2)		410	2683	
	Hansen’s Disease (Leprosy)		0	0	
	Hepatitis B		10	41	γ Dengue Hemorrhagic Fever data include Dengue related deaths;
	Hepatitis C		1	21	
	HIV/AIDS		NA	NA	
	Malaria (Imported)		0	0	
	Meningitis		9	17	
	Monkeypox		0	3	δ Figures include all deaths associated with pregnancy reported for the period.
EXOTIC/ UNUSUAL	Plague		0	0	
HIGH MORBIDITY/ MORTALITY	Meningococcal Meningitis		0	0	ε CHIKV IgM positive cases
	Neonatal Tetanus		0	0	
	Typhoid Fever		0	0	θ Zika PCR positive cases
	Meningitis H/Flu		1	2	
SPECIAL PROGRAMMES	AFP/Polio		0	0	β Updates made to prior weeks.
	Congenital Rubella Syndrome		0	0	
	Congenital Syphilis		0	0	
	Fever and Rash	Measles	0	0	
		Rubella	0	0	
	Maternal Deaths <sup>δ</sup>		34	30	
	Ophthalmia Neonatorum		71	81	
	Pertussis-like syndrome		0	0	
	Rheumatic Fever		0	0	
	Tetanus		0	0	
	Tuberculosis		13	37	
	Yellow Fever		0	0	
	Chikungunya <sup>ε</sup>		0	0	α Figures are cumulative totals for all epidemiological weeks year to date.
	Zika Virus <sup>θ</sup>		0	0	
			0	0	NA- Not Available



5 NOTIFICATIONS-  
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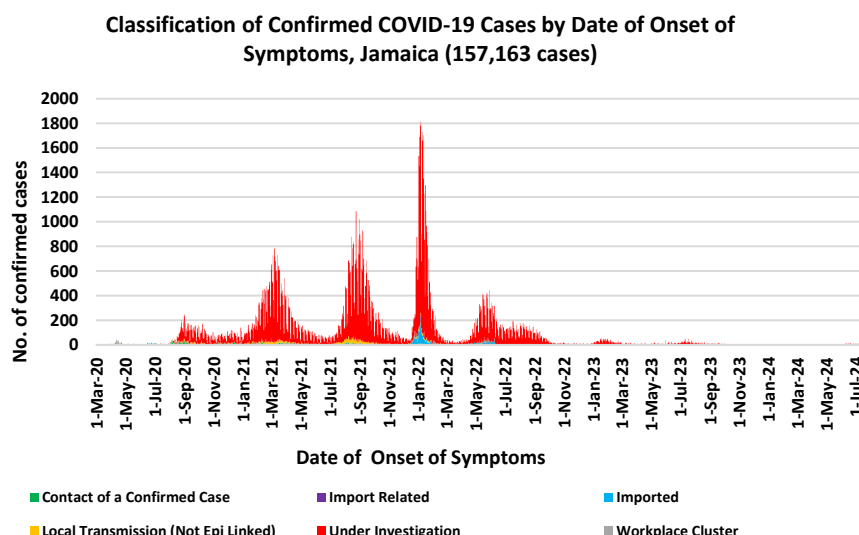


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## COVID-19 Surveillance Update

CASES	EW 27	Total
Confirmed	33	157163
Females	16	90565
Males	17	66595
Age Range	1 day to 93 years old	1 day to 108 years
* 3 positive cases had no gender specification * PCR or Antigen tests are used to confirm cases * Total represents all cases confirmed from 10 Mar 2020 to the current Fri-Week.		

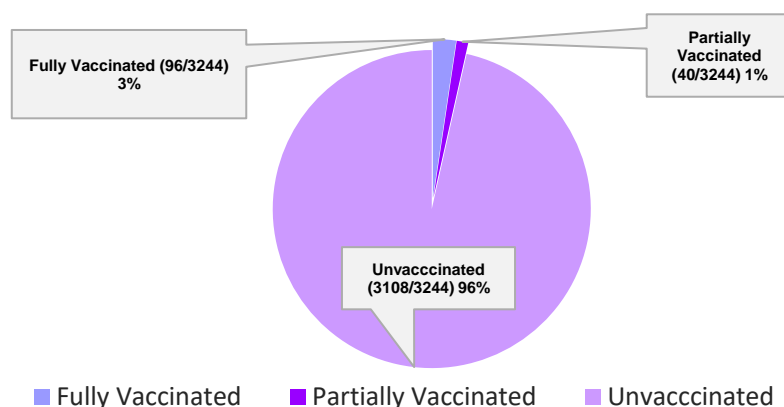


COVID-19 Outcomes

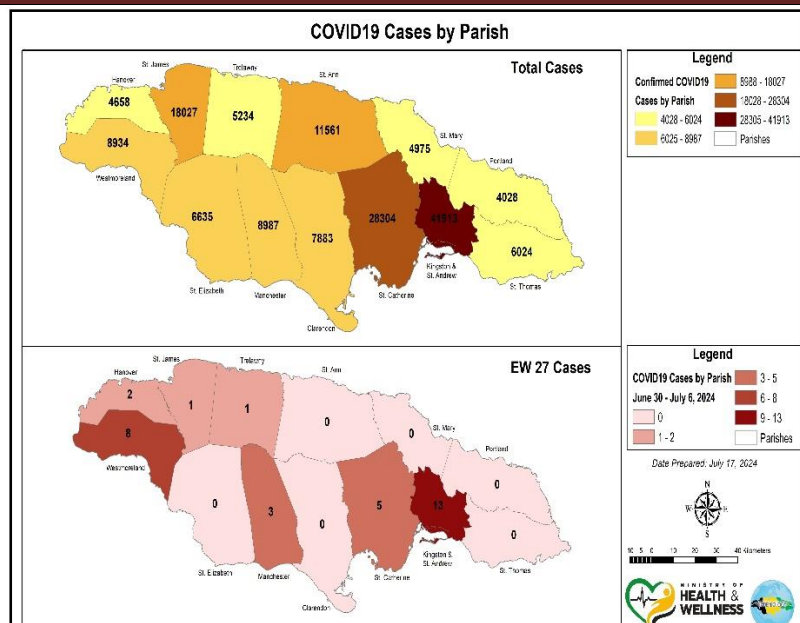
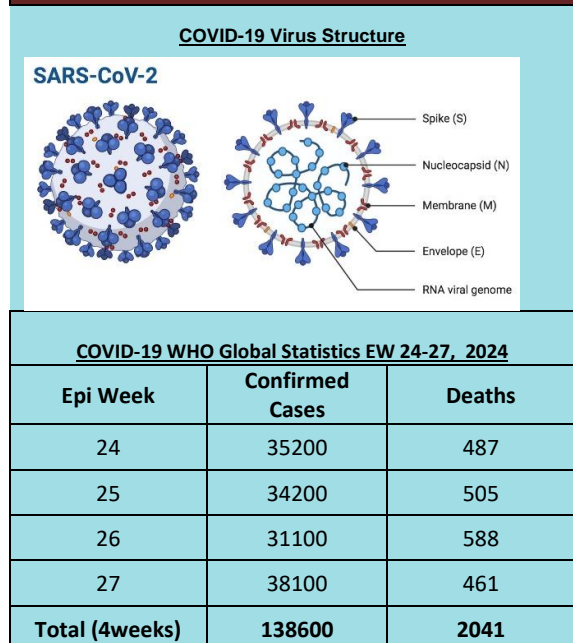
Outcomes	EW 27	Total
ACTIVE *2 weeks*		86
DIED – COVID Related	0	3806
Died - NON COVID	0	370
Died - Under Investigation	0	196
Recovered and discharged	0	103226
Repatriated	0	93
Total		157163

\* Vaccination programme March 2021 – YTD  
\* Total as at current Epi week

### 3244 COVID-19 Related Deaths since March 1, 2021 – YTD Vaccination Status among COVID-19 Deaths



## COVID-19 Parish Distribution and Global Statistics

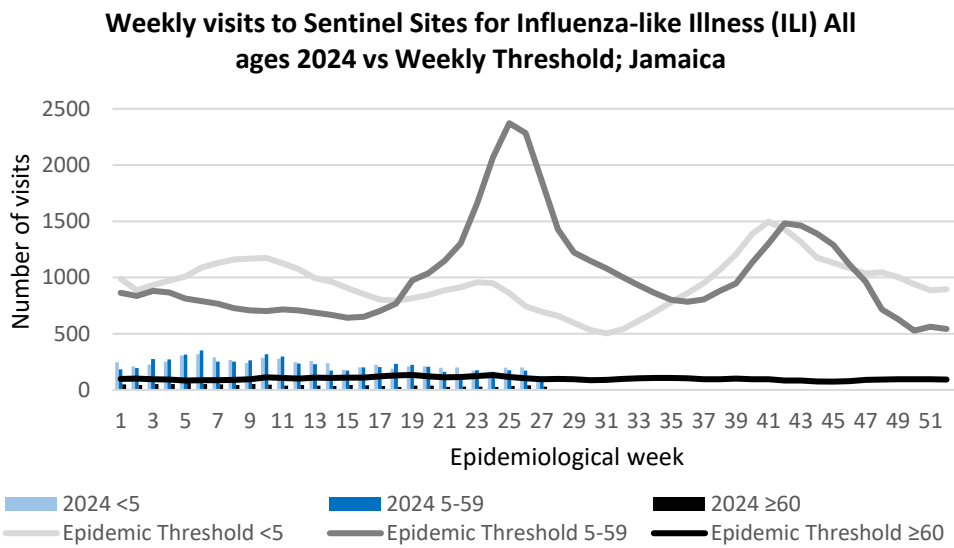


NATIONAL SURVEILLANCE UNIT  
INFLUENZA REPORT

June 30, 2024 – July 6, 2024 Epidemiological Week 27

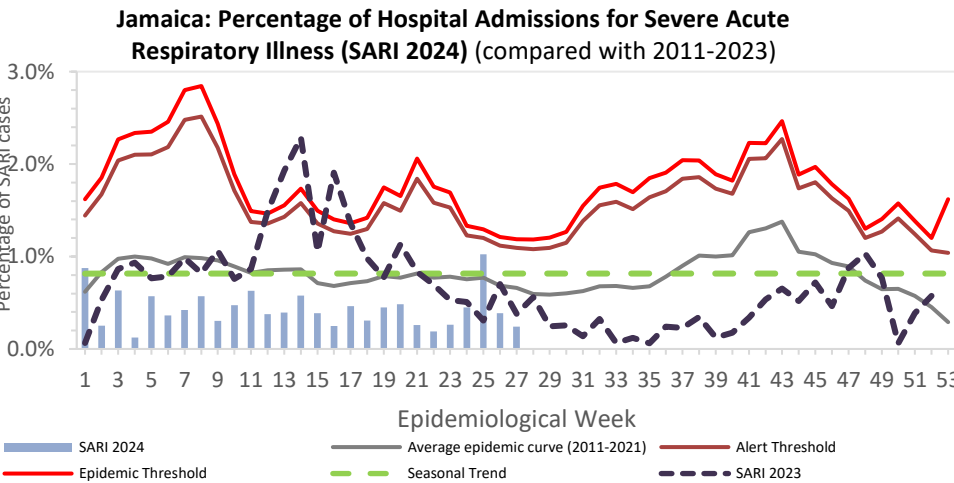
EW 27

	EW 27	YTD
SARI cases	3	184
Total Influenza positive Samples	1	98
Influenza A	1	95
H3N2	1	28
H1N1pdm09	0	67
Not subtyped	0	0
Influenza B	0	3
B lineage not determined	0	0
B Victoria	0	3
Parainfluenza	0	0
Adenovirus	0	0
RSV	0	28



Epi Week Summary

During EW 27, three (3) SARI admissions were reported.



Caribbean Update EW 27

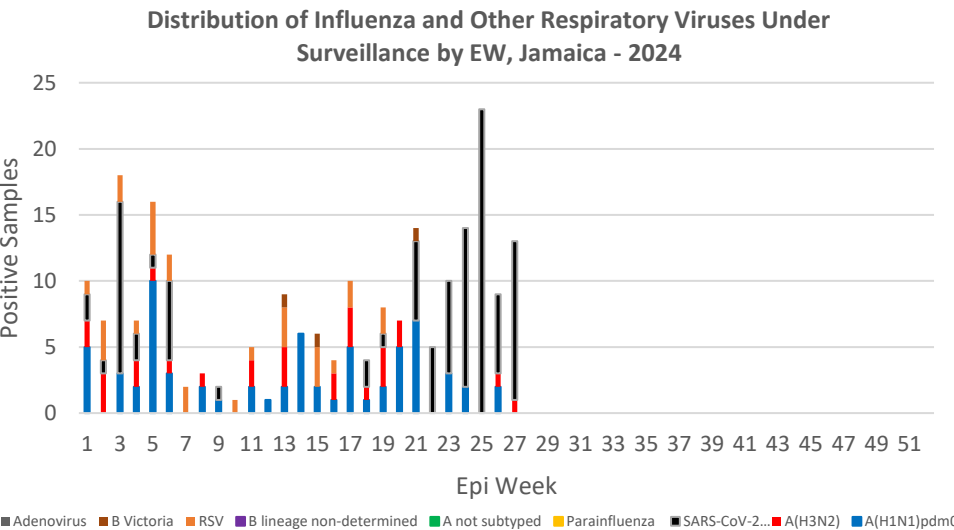
**Caribbean:** In the last four EWs, ILI cases have increased, associated with a higher proportion of positive SARS-CoV-2 and influenza cases. Although SARI cases have remained low, there has been an increase in the proportion of positive SARS-CoV-2 and Influenza cases. Influenza activity has remained at intermediate levels during the last four EWs. During this period, the predominant viruses have been type A(H3N2), with concurrent circulation of influenza A(H1N1)pdm09. RSV activity has remained low. SARS-CoV-2 activity remains elevated but shows a decreasing trend.

**By country:** Influenza activity has been observed in the last four EWs in the Dominican Republic, Jamaica, Guyana, and the Cayman Islands.

SARS-CoV-2 activity was observed in Belize, the Dominican Republic, Jamaica, Suriname, Barbados, Guyana, the Cayman Islands and Saint Vincent and the Grenadines.

In Jamaica, SARI cases have increased above the epidemic threshold, coinciding with a marked increase in SARS-CoV-2 and influenza activity.

(taken from PAHO Respiratory viruses weekly report)  
<https://www.paho.org/en/influenza-situation-report>



7 NOTIFICATIONS-  
All clinical  
sites

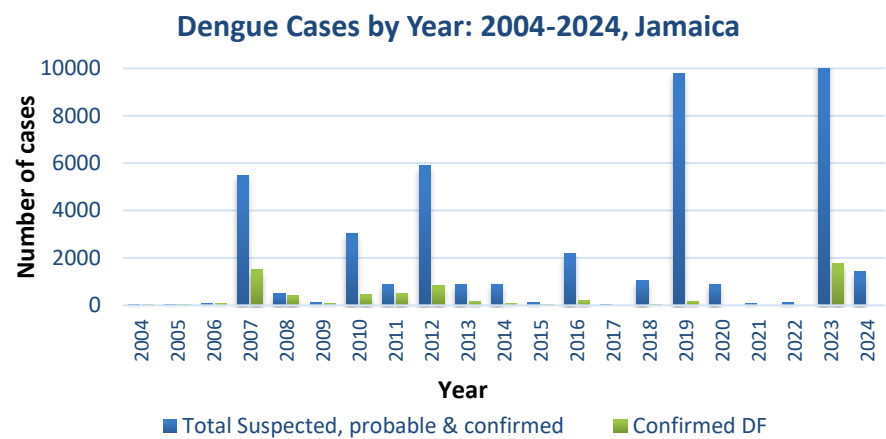
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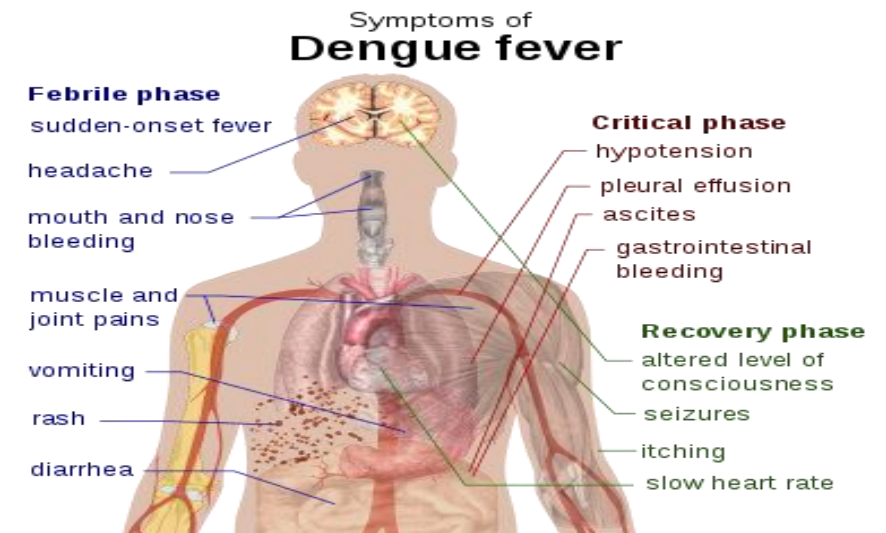
SENTINEL  
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# Dengue Bulletin

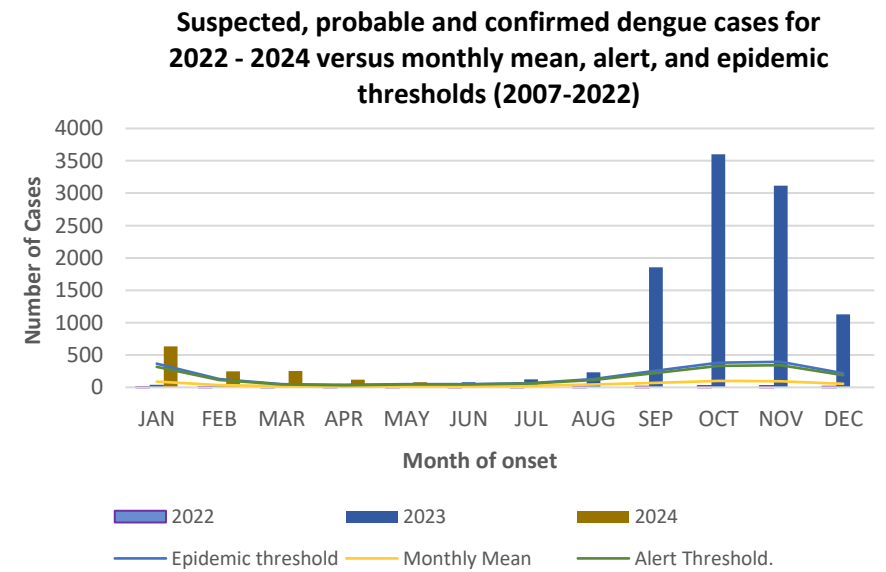
June 30, 2024 – July 6, 2024 Epidemiological Week 27



Reported suspected, probable and confirmed dengue with symptom onset in week 27 of 2024		
	2024*	
	EW 27	YTD
Total Suspected, Probable & Confirmed Dengue Cases	1	1406
Lab Confirmed Dengue cases	0	5
CONFIRMED Dengue Related Deaths	0	0



- Points to note:**
- Dengue deaths are reported based on date of death.
  - \*Figure as at July 16, 2024
  - Only PCR positive dengue cases are reported as confirmed.
  - IgM positive cases are classified as presumed dengue.





# RESEARCH PAPER

## Abstract

NHRC-23-P07

### Unravelling the Silent Threat: Venous Thromboembolism in Gynaecology Patients

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<sup>1</sup>University Hospital of the West Indies, Mona, Jamaica, <sup>2</sup>Epidemiology Research Unit, Caribbean Institute for Health Research, UWI, Mona, Jamaica

**Objectives:** To determine the incidence and risk factors of venous thromboembolism (VTE) among patients with Gynaecologic malignancies

**Methods:** This is a case control study. The medical records of patients diagnosed with VTE, at the University Hospital of the West Indies, from January 1, 2011 to December 31, 2020 were retrieved. A sample of 66 Gynaecologic oncology patients without DVT were selected by simple randomization. The main predictor variables include: age, body mass index, anaemia, cancer site, grade, stage, and method of treatment. Descriptive univariate analyses of variables were done using frequencies and percentages for categorical variables and means and standard deviation for continuous data. Bivariate analyses for associations were done using chi-square test. Logistic regression and survival analysis (Kaplan Meier estimate and the cox proportional hazard model) were performed to ascertain the effects of covariates on the outcome of VTE. Statistical significance was  $p < 0.05$

**Results:** The incidence of VTE among Gynaecology patients was 2.4% compared to an overall incidence of 0.95%. More than half of the patients with VTE had stage 4 disease.

The likelihood of VTE increased in patients with high grade disease (OR 34.7), increasing age (odds ratio 1.07, C.I. 1.024 to 1.118), and significant anaemia (odds ratio 21.4, C.I.: 1.73 to 264.7). The median time to diagnosis of VTE for low- grade and high-grade tumours were 4 and 7 months respectively (Log Rank 0.129) with an increased risk in patients with high grade disease (Hazard Ratio of 85.36, 95% C.I. 1.99 to 3658.11) and decreased risk following surgery (Hazard Ratio of 0.03, 95% C.I.: 0.001 to 0.739).

**Conclusion:** There is a higher incidence of VTE among Gynaecologic oncology patients. The significant risk factors are age, anaemia, cancer grade and stage.



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9 NOTIFICATIONS-  
All clinical  
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INVESTIGATION  
REPORTS- Detailed Follow  
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