

NHRC Abstract Format Example

Ministry of Health and Wellness

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ABSTRACT

Anthropometric factors and Cardiovascular Health

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Objectives: Clinical cardiovascular health metrics of Jamaicans requires further study. This study sought to determine the association between anthropometric values and cardiovascular health metrics.....

Methods: A cross-sectional analysis of persons aged 30 years and over was conducted to fulfill the aims of this study.....

Results: Majority (90.9%) of participants had a BMI of ... Univariate analysis found that BMI was associated with.....

Conclusion: These results emphasize the value of anthropometric measurements.....

Keywords: BMI, cardiovascular health, mid-life

The abstract word count is 220 words without title or authors or keywords.

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NB: Affiliation font size 10 (italics), body of abstract font size 12 with single line spacing.

Abstract Content Checklist

✓ The abstract should cover all elements shown in the NHRC Abstract Format .
✓ The abstract should fit within the themes of (i) Non-communicable diseases (NCDs), (ii) Demographic changes-Aging and Birth rates, (iii) Men's Health, (iv) Sexual and Reproductive health, (v) AI and Robotics in Healthcare and (vi) Workplace Wellness (vii) And or of high quality research topic /findings.
✓ The research should be of scientific merit.
✓ The research should be of relevance to the Jamaica and or global health sectors, and should ideally be able to inform health policy and practice.
✓ Abstracts should be no more than 250 words.
✓ The abstract should ONLY include Title, Aims/Objectives, Methods, Results and Conclusions and Keywords. ✓ Each section clearly delineated as shown in the example above. ✓ No Background is necessary for the abstract. ✓ Researchers should place emphasis on the <u>Methods and Results sections</u> .
✓ The abstract should be coherent and grammatically sound.
✓ The Title of the paper should reflect the content of the abstract.
✓ The Objectives or Aims should be clearly stated to emphasize the problem under investigation or the research question to be answered.
✓ The Methods should include a brief descriptions of the study design, participants/sample, sample size and should be appropriate for the stated objectives. This section should also describe statistical methods used.
✓ The Results should be in line with stated objectives and include the outcomes of the appropriate statistical tests.
✓ The Conclusion should be drawn from the results presented, and indicate the implications/applications of the findings or results.
✓ <i>Keywords</i> are optional but highly recommended. Keywords should be three to five words, phrases, or acronyms relevant to your research.
✓ Any abstract found to be in contravention of the listed instructions will not be considered for the adjudication process for the Conference.